



JANUARY | 2020

Breakfast Grades 7-12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 No School Jan. 1-6	2	3
6	7 Breakfast Pizza Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk	8 Chicken Biscuit Or Cereal /Cereal Bar Fruit Fruit Juice 1% or FF Milk	9 French Toast Sticks Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk	10 Biscuit & Gravy Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk
13 Dutch Waffle Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk	14 Breakfast Cluster Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk	15 Sausage Biscuit Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk	16 Cinnamon Roll Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk	17 Donut Holes Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk
20 No School	21 Breakfast Pizza Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk	22 Sausage Biscuit Or Cereal/Cereal bar Fruit Fruit Juice 1% or FF Milk	23 Dutch Waffle Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk	24 Biscuit & Gravy Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk
27 Bacon, Egg & Cheese Biscuit Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk	28 Breakfast Pizza Or Cereal/Cereal bar Fruit Fruit Juice 1% or FF Milk	29 Chicken Biscuit Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk	30 French Toast Sticks Or Cereal/Cereal Bar Fruit Fruit Juice 1% or FF Milk	31 Cinnamon Roll Or Cereal/Cereal Bar Fruit Juice 1% or FF Milk

<u>News</u>



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Lunch Grades 9-12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30</p>	<p>31</p>	<p>1 No School Jan. 1-6</p>	<p>2</p>	<p>3</p>
<p>6</p>	<p>7 Pork BBQ/WW Bun Or Breaded Mozzarella Sticks/Sauce Coleslaw Potato Smiles Baked Beans Fresh and Canned Fruit 1% or FF Milk</p>	<p>8 Hamburger/WW Bun Or Hot Dog/Chili/WW Bun Lettuce, Tomato, Onion, Pickle Waffle Fries Mixed Vegetables Fresh and Canned Fruit 1% or FF Milk</p>	<p>9 Sweet & Sour Chicken Or Beef Teriyaki Nuggets WW Roll Macaroni & Cheese Steamed Broccoli Fresh and Canned Fruit 1% or FF Milk</p>	<p>10 Pepperoni Pizza Or Cheese Pizza Green Beans Glazed Carrots Fresh and Canned Fruit 1% or FF Milk</p>
<p>13 Grilled Cheese Sandwich Or PB&J Sandwich Vegetable Soup French Fries Steamed Broccoli Fresh and Canned Fruit 1% or FF Milk</p>	<p>14 Taco/WW Tortilla Shell/Cheese Or Spicy Chicken Sandwich Lettuce, Tomato, Onion Seasoned Corn Fiesta Black Beans Fresh and Canned Fruit 1% or FF Milk</p>	<p>15 Chicken Tenders Or Breaded Mozzarella Sticks/Sauce Mashed Potatoes Seasoned Peas Fresh and Canned Fruit 1% or FF Milk Fresh Baked Cookie</p>	<p>16 "Breakfast For Lunch" Biscuit & Gravy Scrambled Eggs Chicken Patty Tator Tots Baked Apples Fresh or Canned Fruit 1% or FF Milk</p>	<p>17 Pepperoni Pizza Or Cheese Pizza Green Beans Glazed Carrots Fresh and Canned Fruit 1% or FF Milk</p>
<p>20 No School</p>	<p>21 Hamburger/WW Bun Or Bacon, Cheese Burger Lettuce, Tomato, Onion, Pickle French Fries Baked Beans Fresh and Canned Fruit 1% or FF Milk</p>	<p>22 Popcorn Chicken, WW Roll Or Pork Rib Patty/WW Bun Mashed Potatoes Green Beans Fresh and Canned Fruit 1% or FF Milk</p>	<p>23 Chili, Chips & Cheese Or PB&J Sandwich Quick Baked Potato Steamed Broccoli Fresh and Canned Fruit 1% or FF Milk</p>	<p>24 Chicken Patty Or Hamburger WW Hamburger Bun Lettuce, Tomato, Onion, Pickle Waffle Fries Mixed Vegetables Fresh and Canned Fruit 1% or FF Milk</p>
<p>27 Spaghetti with Meat Sauce Garlic Bread Or Cherry Blossom Chicken Green Beans Seasoned Corn Fresh and Canned Fruit 1% or FF Milk</p>	<p>28 Pork BBQ/WW Bun Or Breaded Mozzarella Sticks/Sauce Coleslaw Potato Smiles Baked Beans Fresh and Canned Fruit 1% or FF Milk</p>	<p>29 Hamburger/WW Bun Or Hot Dog/Chili/Hot Dog Bun Lettuce, Tomato, Onion, Pickle Waffle Fries Mixed Vegetables Fresh and Canned Fruit 1% or FF Milk</p>	<p>30 General Tso's Chicken Or Beef Teriyaki Nuggets WW Roll Macaroni & Cheese Steamed Broccoli Fresh and Canned Fruit 1% or FF Milk</p>	<p>31 Pepperoni Pizza Or Cheese Pizza Green Beans Glazed Carrots Fresh and Canned Fruit 1% or FF Milk</p>

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