

AUGUST | 2022

Grades 7-12



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2	3	4	5
8 Breakfast Cereal Pouch/Poptart Fruit Milk Fruit Juice Lunch PB&J Sandwich Doritos Boxed Juice Choice of Milk Fruit	9 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Hamburger/W.W. Bun Lettuce/Tomato/Onion/Pickle French Fries Mixed Vegetables Choice of Milk Fruit	10 Breakfast I.W. Cinnamon Roll Fruit Milk Fruit Juice Lunch Chicken Tenders/W.W. Roll Mashed Potatoes Steamed Broccoli Choice of Milk Fruit	11 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Turkey/Cheese/ Sub Bun Lettuce/ Tomato/Onion/Pickle Baby Carrots Vegetarian Beans Choice of Milk Fruit	12 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Sliced Pizza Green Beans Seasoned Corn Choice of Milk Fruit
15 Breakfast Jelly Biscuit Fruit Milk Fruit Juice Lunch Spicy Chicken Patty / W.W. Bun Lettuce/Tomato/Onion/Pickle Glazed Carrots Tater Tots Choice of Milk Fruit	16 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Spaghetti/Meat Sauce 1 Mozz. Breadstick Green Beans Choice of Milk Fruit	17 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Hot Dog/Chili/W.W. Bun French Fries Baked Beans Choice of Milk Fruit	18 Breakfast I.W. Cinnamon Roll Fruit Milk Fruit Juice Lunch Tangerine Chicken/ W.W. Roll Mashed Potatoes Steamed Broccoli Choice of Milk Fruit	19 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Taco in a Bag Shredded Cheese Salsa Cup Black Beans Corn Chips Choice of Milk Fruit
22 Breakfast Jelly Biscuit Fruit Milk Fruit Juice Lunch Hamburger/W.W. Bun/ Fries Lettuce/Tomato/Onion/Pickle California Blend Vegetables Choice of Milk Fruit	23 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Popcorn Chicken/W.W. Roll Mashed Potatoes Steamed Broccoli Choice of Milk Fruit	24 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Pork BBQ/W.W. Bun Quick Baked Potato Baked Beans Choice of Milk Fruit	25 Breakfast I.W. Cinnamon Roll Fruit Milk Fruit Juice Lunch 2 Mozz. Cheese Breadsticks Marinara Cup or PB &J Sandw. Corn Green Beans Choice of Milk Fruit	26 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Chicken Drumstick or Thigh W.W. Roll Mashed Potatoes Glazed Carrots Choice of Milk Fruit
29 Breakfast Jelly Biscuit Fruit Milk Fruit Juice Lunch Corn Dog Nugget Macaroni & Cheese Great Northern Beans Choice of Milk Fruit	30 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Hamburger /W.W. Bun Lettuce/Tomato/Onion/Pickle 5 Way Mixed Vegetables Fries Choice of Milk Fruit	31 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Chicken Tenders/W.W. Roll Mashed Potatoes Steamed Broccoli Choice of Milk Fruit	1	2

News

Cereal Bowl and Cereal Bar offered daily for breakfast.

Salad Bar offered Daily at JCHS. Tossed Salad offered daily at JCMS

Menus subject to change.

This institution is an equal opportunity provider.